

# The Scoop

For submissions or to be added to  
the mailing list, please email:  
[scoop@formannd.com](mailto:scoop@formannd.com)

An illustration featuring a central pizza with red pepperoni toppings, two blue bingo cards with white grids and the word 'BINGO' in red, and a dark background with a bokeh light effect.

The Forman Park Board Presents

## PIZZA & BINGO

Sunday, February 25th  
5 to 6:30 pm  
Forman City Hall

**Family Fun!** **Slushies!** **Free Will Donation** **Rhombus Guys Pizza!** **Prize Money!**

# SARGENT COUNTY

# FOOD PANTRY

## LOCATIONS

**Forman**

**347 Main St.**

**Forman Library**

**Mondays 4:00 - 6:00 pm**

**Use Back Entrance**

**Gwinner**

**104 Main St.**

**Community Center**

**Tuesdays 1:00 - 4:00 pm**

Food assistance is available for any Sargent County resident who requests it. If your expenses are greater than your income due to a job loss, a medical crisis, etc., we are here to help you.



Contact:

Phone: 701-680-7049

[facebook.com/scfpnd](https://www.facebook.com/scfpnd)

[sargentcofoodpantry@gmail.com](mailto:sargentcofoodpantry@gmail.com)

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## Sargent County AA Meetings

Tuesdays at 7pm  
Methodist Church  
720 Main Street, Milnor ND

Thursdays at 8pm  
Gustaf Adolf Lutheran Church  
207 1<sup>st</sup> St SE, Gwinner ND

# 2024 Webinars

**Wednesdays, 2:00 - 3:00 pm**  
*Watch at home!*

<p>FEB <b>21</b></p> <p><i>How to Create Beautiful Flowerbeds and Landscapes</i></p>	<p>FEB <b>28</b></p> <p><i>Gardening with Arthritis and Pain</i></p>	<p>MAR <b>6</b></p> <p><i>Understanding Product Dating</i></p>	<p>MAR <b>13</b></p> <p><i>Let's Talk Potatoes!</i></p>	<p>MAR <b>20</b></p> <p><i>Tips for Preserving the Bounty of the Harvest</i></p>
<p>MAR <b>27</b></p> <p><i>How to Grow Garlic and Other Alliums</i></p>	<p>APR <b>3</b></p> <p><i>Fruit &amp; Veggie Prep and Storage Safety</i></p>	<p>APR <b>10</b></p> <p><i>Safe Changes to Tested Canning Recipes</i></p>	<p>APR <b>17</b></p> <p><i>The Role of Bees in Fruit &amp; Veggie Gardens</i></p>	<p>APR <b>24</b></p> <p><i>Making Nature at Home in Your Landscape</i></p>
<p>MAY <b>1</b></p> <p><i>Growing Produce Safely for Consumption, Sales or Donations</i></p>	<p><b>Register → <a href="http://www.ndsu.ag/ftf2024">www.ndsu.ag/ftf2024</a></b></p> <p><b>NDSU   EXTENSION</b></p> <p><small>Requests for accommodations related to disability should be made to the event contact person at least two weeks in advance of the event. NDSU does not discriminate in its programs and activities on the basis of age, color, gender expression/identity, genetic information, marital status, national origin, participation in lawful off-campus activity, physical or mental disability, pregnancy, public assistance status, race, religion, sex, sexual orientation, spousal relationship to current employee, or veteran status, as applicable. Direct inquiries to Vice Provost, Title IX/ADA Coordinator, Old Main 100, [701] 231-7701, <a href="mailto:ndsu.eoaa@ndsu.edu">ndsu.eoaa@ndsu.edu</a>.</small></p>			

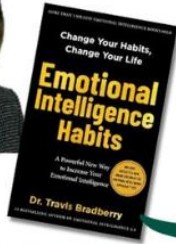
<p><b>What is Powerful Tools for Caregivers?</b></p> <p>Class designed to provide you, the family caregiver, with the skills you need to take care of yourself. Six 90-minute sessions held once a week are led by certified class facilitators.</p>	<p><b>February 28</b> <b>March 6, 13, 20, 27</b> <b>April 3</b></p> <p><b>1:00-2:30pm</b> <b>Virtual Class Held Online</b> <b>Cost: FREE</b></p>
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## Powerful Tools Caregivers

<p><b>Register Today by calling class facilitator:</b></p> <p><b>Katie Wentz</b> <b>Aging in Community</b> <b>701.683.8346</b></p>	<p><b>You are a caregiver if you help a friend or family member with:</b></p> <table border="0"> <tr> <td>transportation</td> <td>housekeeping</td> </tr> <tr> <td>grocery shopping</td> <td>personal care</td> </tr> <tr> <td>emotional support</td> <td>dr. appointments</td> </tr> <tr> <td>social activities</td> <td>living arrangements</td> </tr> <tr> <td>financial concerns</td> <td>legal issues</td> </tr> <tr> <td>insurance issues</td> <td></td> </tr> </table>	transportation	housekeeping	grocery shopping	personal care	emotional support	dr. appointments	social activities	living arrangements	financial concerns	legal issues	insurance issues	
transportation	housekeeping												
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February 21, 2024  
10am - 11am CST  
Kathleen Tweeten  
NDSU Extension Specialist  
Emeritus



NDSU EXTENSION  
EXTENDING KNOWLEDGE >> CHANGING LIVES

**WEBINAR WEDNESDAY**

**EMOTIONAL INTELLIGENCE HABITS**

**WATCH PARTY @ NDSU EXTENSION - SARGENT COUNTY OFFICE**

**8991 HWY 32 (FSA/SCD BUILDING), FORMAN**



**Growing Fruits in North Dakota**  
Thursday & Friday | February 22 & 23

NDSU EXTENSION WARD COUNTY


**Session 1 ~ February 22 | 12 - 1 pm**

**Fruit Pest Control and Pruning**  
Learn what's eating your fruit, what you can do about it, and the benefits of pruning  
~ Emily How, Extension Agent - Horticulture, Ward County

**Session 2 ~ February 23 | 12 - 1 pm**

**E-Z to Hard: Perennial Fruit Challenges**  
Discussing fruits that are easy to grow in North Dakota and a few that are difficult  
~ Kathy Wiederholt, Fruit Project Manager, Carrington Research Extension Center

# Sargent County Private Applicator Pesticide Trainings

Call the office at 701-724-3355 with any questions! 

- Mar 19, 2024, 1 - 5 pm
- Mar 25, 2024, 1 - 5 pm
- Mar 27, 2024, 9 am - 1 pm



Registration begins 30 mins before training

@ Forman City Hall

If your pesticide applicator certification expires on April 1, 2024, you are required to attend a training or take a 60 question open book exam to renew your certification.

New applicators are invited to attend (30 question exam post training).

Register by calling the Sargent County Extension Office at 701-724-3355.  
**Cost: \$30.00**

Check and cash accepted at training, credit card accepted through online registration only.

[www.tinyurl.com/sargent-private](http://www.tinyurl.com/sargent-private)



EXTENSION SARGENT COUNTY

NDSU is an EO/AA institution. For accommodations, please contact our office (701-724-3355) two weeks before event.



# Bridal Roundup

Please join us for a bridal shower in honor of Trenton Telkamp's fiance`

## Bridget Hayen

Saturday, March 9th at 10 a.m.  
Nazareth Lutheran Church Fellowship Hall  
524 5th Street  
Cogswell, ND 58017

Please bring a recipe on a 3" x 5" card to share!

Hosted by Nazareth Lutheran WELCA, Taylor and Megan

Bridget is registered at Target and Amazon.  
Come help us celebrate!





# *Hop Into Lisbon*

2024 Events

**Saturday March 23rd**

9 am - 10 am Easter Egg Hunt

Lisbon High School Armory

Kids Bike Giveaway

10 am - 1 pm Hotdish Contest

Lisbon High School Commons

10 am - 1 pm Art with Charlene

Lisbon High School Commons

Throughout the day

Chalk decorating on Main Street

Chalk Provided

Coloring Pages

Available at Multiple Locations

Forman Parks  
& Rec.

# Batter Up for Pancakes

Sunday, March 24th



Freewill Donation



# Sip N Shop



# April 2nd, 2024

 **413 Main St, Lisbon, ND 58054** ·  
**Lisbon Opera House**



## 2024 Nazareth Lutheran Church Garden Party Saturday, April 6th

### Schedule of Events

8:30 – 10:00 AM	Registration
10:00 AM	Welcome
10:10 AM	Blessing of the Day's Events – Rachel Hoistad
10:15 – 10:45 AM	Session #1 "Grow Big" Gardening – Judy – Sheyenne Greenhouse
10:45 – 11:00 AM	"Plant Hardiness Zones" and "Fertilizer Frenzy" Melissa Seykora
11:00 – 11:30 AM	Session #2 "Exploring the Pro's and Con's of High Tunnel Gardening" Panel Discussion – led by Sara and Neil Planteen
11:30 AM	Lunch
12:30 - 1:00 PM	Session #3 "Tips & Tricks of Vegetable Gardening" Jesse Frolek – Jesse's Produce
1:00 – 2:00 PM	Session #4 – Keynote Speaker – Don Kinzler NDSU Extension & Master Gardener "Tried and True Vegetable Varieties Plus New Favorites" "My Favorite Proven Winner and All-American Selections Annuals and Perennials"

Following Garden Party: Vendor Show at Firehall – Cogswell, ND  
2:00 – 6:00 PM

#### Notes:

Cost: \$20 per person

Silent Auction runs from 10 AM – 2 PM

(text or call Jess Rasmussen, 701-330-9855, if you want item picked up)

Gardening related booths will be available all day

Register by March 15th – nlccogswell@drtel.net



**The Strand Theatre, Britton SD**

703 Main Street

[www.strand-theatre-brittonsd.com](http://www.strand-theatre-brittonsd.com)

*Ticket cost: \$6 adult*

*\$4 youth (12 years and under)*

*UNDER 4 years old is FREE.*

# Madame Web

February 23-25, 2024

7:30 p.m. Friday - Sunday



Star Sponsor: Bush Angus Sales

**Gustaf Adolf Lutheran Church**

701-678-2552  
galutheranchurch@outlook.com  
207 1st St. SE  
Gwinner, ND  
[www.galutheranchurch.org](http://www.galutheranchurch.org)  
*Pastor Jaime Decker*



**This week's calendar 02/18/2024 thru 02/24/2024**

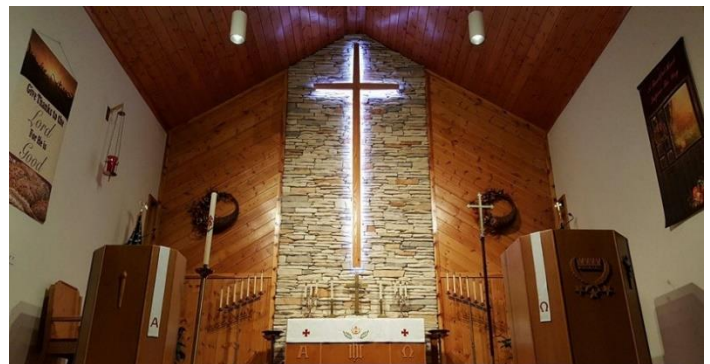
Sunday	9:30 AM	Worship Service with Communion – Pastor Jaime Sunday School After Worship
	11:00 AM	GA Foundation Meeting
Monday		March Newsletter Deadline
Wednesday	6:00 PM	Wednesday Education
	6:30 PM	Lent Evening Service
Thursday	9:00 AM	Bits N' Stitches Quilting

**Next week's calendar 02/25/2024 thru 03/03/2024**

Sunday	9:30 AM	Worship Service with Communion – Pastor Jaime – Sunday School Sings Sunday School After Worship
	5:00 PM	Men's Group Meeting & Supper
Wednesday	5:30 PM	Altar Guild Meeting                      No Wednesday Education
	6:30 PM	Lent Evening Service
Thursday	9:00 AM	Bits N' Stitches Quilting
Sunday	9:30 AM	Worship Service with Communion – Pastor Jaime No Sunday School After Worship ANNUAL MEETING after Worship

**Zion Lutheran Church**

701-678-2401  
zionwinner@gmail.com  
420 1st St. SE  
Gwinner, ND  
[www.zionwinner.org](http://www.zionwinner.org)  
*Pastor Mike Grieve*



<b>Sunday</b>	9am Catechesis 10am Divine Service with Holy Communion
<b>Wednesday</b>	9am Catechesis



**St. Vincent's Catholic Church**

302 ND Hwy 13  
Gwinner, ND  
Ph: 701-678-2239  
riley.durkin@fargodiocese.org

*Rev. Riley Durkin*



**Mass times: 10 am Sunday**

Starting August 26, there will be Saturday mass at 7pm and Sunday mass at 10am.  
The last Saturday of the month will have a Saturday evening mass at 7pm.

**St. Arnold's Catholic Church**

107 3rd Street  
Milnor, ND  
Ph: 701-427-9288  
Email: starnolds@drtel.net

*Pastor Fr. Troy Simonsen*



**Sunday Mass:**

8:30 a.m. (Feb-Apr-Jun-Aug-Oct-Dec)  
10:30 a.m. (Jan-Mar-May-Jul-Sep-Nov)

**Thursday Mass:**

9:00 a.m.

**United Methodist Church**

720 Main St  
Milnor, ND  
Ph: 701-427-9401

*Rev. Tiana Bohn*



*September through May*

Worship services every Sunday at 9 am with fellowship at 10 am

February 21, 2024

## **TNT Parish Churches**

*Trinity Lutheran Church* 410 Cedar Ave, Forman  
*Trinity Lutheran Church* 411 2nd St, Havana  
*Nordland Lutheran Church* 311 Cooper St, Rutland  
[www.tntparish.org](http://www.tntparish.org)

*Pastor Julie Johnson*

**WEDNESDAY, FEBRUARY 21** 7:00 pm - Lenten Worship at Havana Trinity  
**SATURDAY, FEBRUARY 24** 5:00 pm - Havana Trinity Worship  
**SUNDAY, FEBRUARY 25** 9:00 am - Nordland Worship  
10:30 am - Trinity/Forman Worship  
**WEDNESDAY, FEBRUARY 28** 7:00 pm - Lenten Worship at Nordland  
**SATURDAY, MARCH 2** 5:00 pm - Havana Trinity Worship  
**SUNDAY, MARCH 3** 9:00 am - Nordland Worship  
10:00 am - Nordland Sunday School  
10:30 am - Trinity/Forman Worship  
**SUNDAY, MARCH 10** 12-3 pm - Melissa Bryant Benefit at the MACC in  
Milnor - free will lunch & silent auction



THE SCOOP



## **St. Mary's Catholic Church**

484 4<sup>th</sup> St SW  
Forman, ND  
Ph: 701-724-3319  
[www.stmarysforman.org](http://www.stmarysforman.org)  
Email: [4steeple@drtel.net](mailto:4steeple@drtel.net)  
*Rev. Timothy Schroeder*



Fall/Winter Schedule  
~ Sundays - Mass at 11am ~

## **Nazareth Lutheran Church**

524 5th Street  
Cogswell, ND  
[nlccogswell@drtel.net](mailto:nlccogswell@drtel.net)  
Find and follow Nazareth on Facebook  
--- search for Nazareth Lutheran Church, Cogswell ND



~~ *Lenten Services are Wednesdays starting with supper at 5:30 pm and service at 6:00 pm* ~~

**\*Church Service-Sundays 8:30am followed by Sunday School & Fellowship\***

*\*Join us for coffee and fellowship Wednesday Mornings at 9:00 am\**



The poster features a blue cross logo in a shield shape with 'TNT PARISH' and 'TRINITY - NORDLAND - TRINITY FORMAN - RUTLAND - HAVANA' below it. The title 'TNT Lenten Schedule' is prominently displayed. The schedule is presented in five green banners with white text, each containing a date, a title, and a location/time.

Date	Title	Location / Time
21 FEB	Altered Through God's Creativity	Trinity / Havana / 7 pm
28 FEB	Altered on the Edge of Belonging	Nordland / Rutland / 7 pm
06 MAR	Altered Alongside Our Enemies	Trinity / Forman / 7 pm
13 MAR	Altered by Disruption	Trinity / Havana / 7 pm
20 MAR	Altered Through Stories We Don't Trust	Nordland / Rutland / 7 pm

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## *Lenten activities at St. Mary's Church*

Friday's during Lent @ St. Mary's: 5:30 PM Mass followed by Stations of the Cross

WEDNESDAY, February 21<sup>st</sup> @ St. Charles Catholic Church in Oakes:  
5:30PM Lenten Supper; 6:30 PM Program: "Family Night" "Encountering Jesus in the Eucharist, and in our Families" with guest, Tim Mosser.

SUNDAY, Feb 25 – TUESDAY, Feb 27<sup>th</sup> @ St. Charles Catholic church in Oakes:  
Lenten Mission "Repent, Reboot, & Resolve" Sunday, February 25<sup>th</sup> 1:30-3:00 PM;  
Tuesday, & Wednesday, February 26<sup>th</sup> & 27<sup>th</sup> 6:30 – 8:00 PM, with Deacon Ben Seitz.



Seeking:  
Inflatable  
Game  
Workers



The Sargent County Fair Board is seeking organizations, youth groups, community clubs or families who are interested in running the inflatable games at this year's fair scheduled for July 25-28, 2024.

For more information, please reach out to a current Fair Board member or email [sargentcofairboard@outlook.com](mailto:sargentcofairboard@outlook.com).

Joe Gregor, Ken Forster, Mike Keiper, Sara Dux, Mike Peterson, Jacy Bopp, Lajuana Hayen, Karrie Gregor, Ryan Johnson, Wade Anderson

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# GWINNER POOL

Now Hiring: Lifeguards for summer 2024

*If interested, contact North Sargent school  
at 678-2492.*