

# The Scoop

For submissions or to be added to the mailing list,  
please email: [scoop@formannd.com](mailto:scoop@formannd.com)



## Updated Hours

Lisbon Veterinary Service Oakes office is very excited to announce they will have a veterinarian on site starting February 3<sup>rd</sup> everyday Monday, Tuesday, Wednesday, & Thursday! Our hours are 8 a.m. to 12 p.m. and 1 p.m. to 5 p.m. Located in the old DaVita building at 413 S 7<sup>th</sup> St Oakes. Call 701-742-3206 to schedule your appointment! Our capable staff can help with dogs, cats, cattle, horses, sheep, goats, and pigs, and exotics!

# SARGENT COUNTY

# FOOD PANTRY

## LOCATIONS

**Forman**

**347 Main St.**

**Forman Library**

**Mondays 4:00 - 6:00 pm**

**Use Back Entrance**

**Gwinner**

**104 Main St.**

**Community Center**

**Tuesdays 1:00 - 4:00 pm**

Food assistance is available for any Sargent County resident who requests it. If your expenses are greater than your income due to a job loss, a medical crisis, etc., we are here to help you.



Contact:

Phone: 701-680-7049

[facebook.com/scfpnd](https://www.facebook.com/scfpnd)

[sargentcofoodpantry@gmail.com](mailto:sargentcofoodpantry@gmail.com)

Made with PosterMyWall.com

## Sargent County AA Meetings

Tuesdays at 7pm

United Methodist Church

720 Main St, Milnor

Thursdays at 8pm

Gustaf Adolf Lutheran Church

207 1<sup>st</sup> St SE, Gwinner

Sundays at 5pm

Trinity Lutheran Church

410 Cedar Ave, Forman



## DON'T GET LEFT IN THE COLD, SIGN UP FOR LIHEAP!

Need help with home heating costs? Apply to see if you qualify today.

### DOCUMENTS TO HAVE WHEN YOU APPLY:

- Verifications of any income received in the prior month, current month
- Verifications of expenses you have paid from June 1 to current
- Medical expenses
- Childcare expenses
- Child support/Alimony
- Copy of your heating bill
- Copy of your lease if you rent

For more information,  
call **1.800.823.2417**



# KEDISH HOUSE

Domestic Violence Program

701-349-4729  
Crisis line: 701-793-5118

01



## Who do we serve?

Dickey, LaMoure, Logan,  
McIntosh, & Sargent  
Counties

## What do we do?

- \*Advocacy for victims & families
- \*Emotional & financial support
- \*Food pantry, clothing, housing items
- \*temporary safe housing



02

03



## How are we funded?

Grants  
Donations  
Court Fees

# HOW CAN YOU HELP?



## Volunteer

- Fundraising events
- Organizing & cleaning
- Call & ask what is needed

## Donations

- Clothing, household items
- Food pantry
- funds for client services



Donations can be dropped off at Trinity Lutheran Church in Forman.

## Advocate

- encourage victims to get help.
- refer victims to the Kedish House



# Rural Youth Risks and Rewards:

A discussion about stress and resilience

**Location:  
ZOOM**

This [webinar](#) will touch on risk factors in rural youth, strategies to communicate effectively with adolescents to help minimize those risks, and resources to support caregivers.

**Jan. 24, 2025  
Noon – 1 P.M.**



*Produced in partnership with prevention grantees with funds provided by the North Dakota Department of Health and Human Services.*





## Monica McConkey

Monica Kramer McConkey, LPC has 29 years of experience in the behavioral health field as a counselor, program supervisor and administrator. She is a Licensed Professional Counselor (LPC) in Minnesota.

The first twelve years of Monica's career were dedicated to counseling at risk children and adolescents in rural areas. As a program supervisor and administrator for the next thirteen years, she helped create, implement, and oversee programs to meet

the behavioral health needs of youth such as Mobile Mental Health Crisis Services, School Based Mental Health programs, and School Based Interventionist programs.

Monica's focus throughout her career has been to increase access to, and remove the stigma often attached to mental health services. She is the owner of Eyes on the Horizon Consulting, LLC which focuses on mental health issues in rural areas with a focus on stress in agriculture.



**Register Today!**





FORMAN CITY HALL

# Sargent County Ambulance

*Pancake Breakfast*

January 26<sup>th</sup> 8am - 1pm

Serving pancakes, scrambled eggs, sausage, juice and coffee.

Freewill donation.



29th Annual



**ANDERSON  
PINOCHLE  
TOURNAMENT**



**SATURDAY, FEBRUARY 1ST 2025  
RUTLAND CITY HALL  
\$60 PER COUPLE**

Contact Sonja Christianson to sign up  
701-899-1463  
cschristensen@midco.net



Scalloped Potato Lunch Will Be Served

NDSU | EXTENSION

# LeadLocal

Training for aspiring, elected and appointed leaders serving on boards, councils and committees

Participants can expect to:

- Feel better prepared to serve as an effective board, council or committee member
- Recognize the components of an effective meeting
- Learn basic parliamentary procedure and how to use it
- Understand different personality styles and how they can work together effectively
- Use effective tools when dealing with conflict

THURSDAY,  
**FEBRUARY 6**  
9:00AM- 4:00PM

 **FORMAN CITY HALL**  
349 MAIN STREET S.,  
FORMAN, ND 58032



**\$75**



**REGISTER**

**BY JANUARY 30**



**[ndsu.ag/sargentleadlocal](https://ndsu.ag/sargentleadlocal)**

NDSU does not discriminate in its programs and activities on the basis of age, color, gender expression/identity, genetic information, marital status, national origin, participation in lawful off-campus activity, physical or mental disability, pregnancy, public assistance status, race, religion, sex, sexual orientation, spousal relationship to current employee, or veteran status, as applicable. Direct inquiries to Vice Provost, Title IX/ADA Coordinator, Old Main 201, (701) 231-7708, [ndsu.eoaa@ndsu.edu](mailto:ndsu.eoaa@ndsu.edu). For accommodations, please contact our office two weeks before event.



*St. Mary's Valentine  
Luncheon*

*Will be held on*

*Friday, February 14, 2025*

*At the St. Mary's Parish Center*

*From 11:00 AM until 1:00 PM*

*We will be serving open faced  
sandwiches, salads, desert, punch and  
coffee.*

*There will be a chance for a door prize  
for those that purchase a meal, need  
not be present to win.*

*The price for the meal is \$8.00*

*Hope to see you there.*

# STORYTIME

**TUESDAY, FEBRUARY 11TH  
10:00 AM AT THE LIBRARY**

JOIN HILARY FOR SOME STORIES, SONGS AND CRAFTS!  
COME ON IN AND JOIN THE FUN!



The Forman Park Board Presents

## PIZZA & BINGO

Friday, February 21st  
5:30 to 7 pm  
Sargent Central Activity Center

Free Will Donation

**Family Fun!**  
**Slushies!**

**Rhombus Guys  
Pizza!**

**Prizes!**

January 22, 2025

THE SCOOP



## The Strand Theatre, Britton SD

703 Main Street

[www.strand-theatre-brittonsd.com](http://www.strand-theatre-brittonsd.com)

*Ticket cost: \$6 adult*

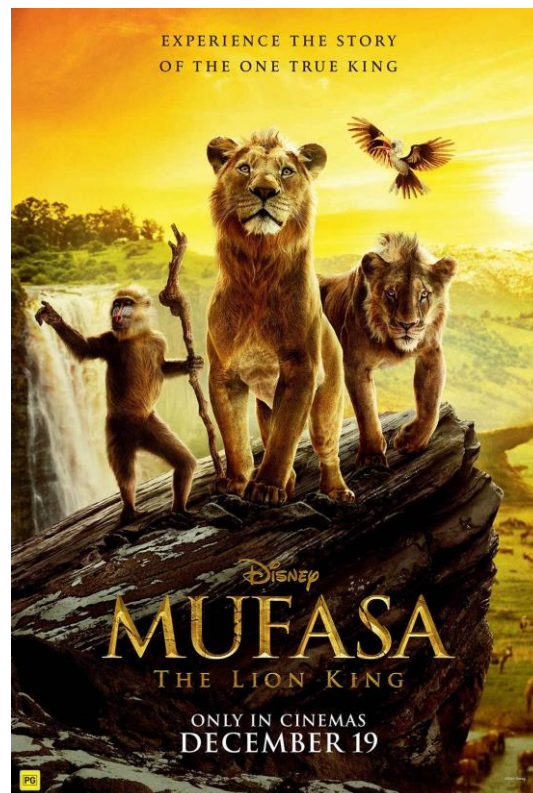
*\$4 youth (12 years and under)*

*UNDER 4 years old is FREE.*

# MUFASA: THE LION KING

**Show times Friday, January 24 – Sunday, January 26 @ 7:30 pm**

Doors open at 6:30 with popcorn ready by 6:45 p.m. Come early to get your favorite treats and avoid the line! 🍿



**Star Sponsor: Marshall County Journal**

**Gustaf Adolf Lutheran Church**

701-678-2552  
galutheranchurch@outlook.com  
207 1st St. SE  
Gwinner, ND  
[www.galutheranchurch.org](http://www.galutheranchurch.org)  
*Pastor Jaime Decker*



This week's calendar 01/12/2025 thru 01/18/2025

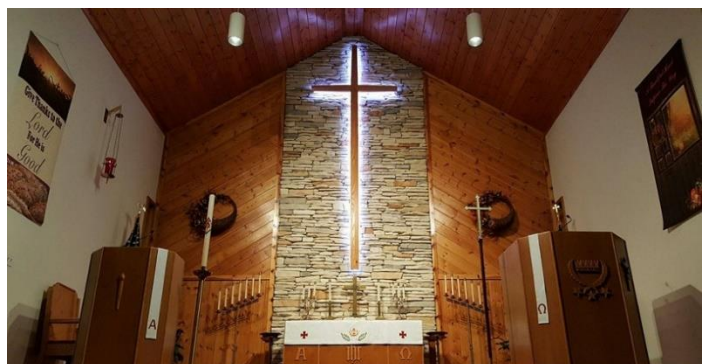
Sunday 9:30 AM Worship Service no Communion—Leader Gretchen Christenson  
Make-A-Change Sunday  
Pastor Jaime off for Continuing Education  
Wednesday 3:30 PM GASP  
Thursday 9:00AM Bits N' Stitches Quilting  
Friday & Saturday Pastor Jaime's Sabbath

This week's calendar 01/19/2025 thru 01/26/2025

Sunday 9:30 AM Epiphany Sunday Worship Service with Communion—Pastor Jaime Decker  
Baptism Seykora Potluck after worship service  
6:30 PM Church Council Meeting  
Monday February Newsletter Deadline  
Wednesday 3:30 PM GASP  
Thursday 9:00AM Bits N' Stitches Quilting  
Friday & Saturday Pastor Jaime's Sabbath  
Sunday 9:30 AM Worship Service with Communion—Pastor Jaime Decker  
Altar Guild Meeting after Worship

**Zion Lutheran Church**

701-678-2401  
[zionwinner@gmail.com](mailto:zionwinner@gmail.com)  
420 1st St. SE  
Gwinner, ND  
[www.zionwinner.org](http://www.zionwinner.org)  
*Pastor Mike Grieve*



**Sunday** 9am Catechesis  
10am Divine Service with Holy Communion  
**Wednesday** 9am Catechesis

**St. Vincent's Catholic Church**

302 ND Hwy 13  
Gwinner, ND  
Ph: 701-678-2239  
riley.durkin@fargodiocese.org

*Rev. Riley Durkin*



**Mass times: 10 am Sunday**

Starting August 26, there will be Saturday mass at 7pm and Sunday mass at 10am.  
The last Saturday of the month will have a Saturday evening mass at 7pm.

**St. Arnold's Catholic Church**

107 3rd Street  
Milnor, ND  
Ph: 701-427-9288  
Email: starnolds@drtel.net

*Pastor Fr. Terry Dodge*



**Sunday Mass:**

8:30 a.m. (April through September)  
10:30 a.m. (October through March)

**Thursday Mass:**

8:30 a.m.

**United Methodist Church**

720 Main St  
Milnor, ND  
Ph: 701-427-9401

*Rev. Tiana Bohn*



*September thru May*

Worship services every Sunday at 9am with fellowship to follow

January 22, 2025

THE SCOOP

## **TNT Parish Churches**

*Trinity Lutheran Church* 410 Cedar Ave, Forman

*Trinity Lutheran Church* 411 2nd St, Havana

*Nordland Lutheran Church* 311 Cooper St, Rutland

*Pastor Julie Johnson*



Services are Live Streamed at Nordland Lutheran Church  
& are available to view on their Facebook Page.

**WEDNESDAY, JANUARY 22** 3:30 pm - TNT Confirmation meets at Trinity/Forman

**SUNDAY, JANUARY 26** 9:00 am - Havana Trinity Worship  
followed by the 2024 Annual Meeting

9:00 am - Nordland Worship - lay led

10:00 am - Nordland Sunday School

10:30 am - Trinity/Forman Worship

**8 am-1 pm - SC Ambulance Pancake Breakfast at Forman City Hall**  
**- free will - pancakes, sausage, eggs, coffee & juice**

## **St. Mary's Catholic Church**

484 4<sup>th</sup> St SW

Forman, ND

Ph: 701-724-3319

[www.stmarysforman.org](http://www.stmarysforman.org)

Email: [4steeples@drtel.net](mailto:4steeples@drtel.net)

*Rev. Timothy Schroeder*



Fall/Winter Schedule  
~ Sundays - Mass at 11am ~



## **Nazareth Lutheran Church**

524 5th Street

Cogswell, ND

nccogswell@drtel.net

Find and follow Nazareth on Facebook

--- search for Nazareth Lutheran Church, Cogswell ND



**\*Church Service-Sundays 8:30am followed by Sunday School & Fellowship\***

**\*Join us for coffee and fellowship Wednesday Mornings at 9:00 am\***

## **Oakes Methodist Church**

210 S 6<sup>th</sup> St

Oakes, ND

Ph: 701-742-2925

[www.oakesunitedmethodistchurch.com](http://www.oakesunitedmethodistchurch.com)

*Pastor Clarence Mittleider*



**Sunday Worship 11 a.m.**

**Coffee & Fellowship preceding service**

## **Sts. Peter and Paul Catholic Church**

229 Franklin Ave W

Cayuga, ND

Ph: (701) 538-4604

[www.stboniface.net](http://www.stboniface.net)

*Pastor Peter Anderl*

**Sunday Mass:**

**April to September - 7pm**

**October to March – Noon**